



## DAMIANA LEAF

**Botanical Name:** *Turnera aphrodisiaca*

**Common Name:** *Turnera microphylla* Ham.

**Medicinal part:** Leaf

**Description:** Damiana is a relatively small, woody shrub that produces small, aromatic flowers. It blossoms in early to late summer and is followed by fruits that taste similar to figs. The shrub is said to have a strong spice-like odor somewhat like chamomile, due to the essential oils present in the plant.



G·O·L·D·E·N  
BOUGH

Golden Bough Botanicals Inc. has been a trusted wholesale supplier of premium quality herbs, spices and specialty teas since 1978. Our business has evolved to include organic herbs and spices, pure essential oils, organics pure essential oils, fragrance oil, cosmetic, candle and soap making ingredients and packaging supplies.

Golden Bough Botanicals Inc.

12 - 1585 Cliveden Avenue  
Delta, BC V3M 6M1, Canada

Toll Free: 1-877-950.8700

[www.goldenbough.ca](http://www.goldenbough.ca)